

Demetra L. Liggins

Partner, Thompson & Knight LLP, and Co-Founder, Corporate Homie, LLC



Demetra Liggins is a Partner in Thompson & Knight’s Bankruptcy and Restructuring Practice Group in the firm’s Houston office. She has over 15 years of experience in business finance and restructurings for a variety of large and small public and private companies. Liggins helps navigate her clients through complex corporate reorganization and distressed acquisitions. She works on both in-court and out-of-court restructurings. Liggins is highly regarded for her ability to quickly and efficiently

help clients assess the effects of a bankruptcy on their corporate and financial transactions. She is a trusted business partner who works with her clients to identify and achieve their goals in the bankruptcy process.

Liggins received a J.D., *cum laude*, from the Cumberland School of Law at Samford University in 2000 and a B.S. in business administration, *cum laude*, from Christian Brothers University in 1997. Following law school, she clerked for the Honorable U.W. Clemon, Chief Judge for the United States District Court for the Northern District of Alabama. Liggins is licensed to practice in both Texas and New York.

With her experience as a partner in “big law,” Liggins, along with her identical twin sister, Bemetra Simmons, founded Corporate Homie, an organization that seeks to help women and minorities advance in corporate America. In addition to one-on-one consultations and speeches, the sisters also engage their audience with a weekly advice-based podcast. The sisters encourage listeners with stories of their “corporate struggles” while providing tips and tools to overcome hurdles in the workplace that are unique to women and people of color. The Corporate Homie Podcast is available on [iTunes](#), [Google Play](#), and [Stitcher](#). Corporate Homie also connects with its listeners through its [website](#) and on social media: [Facebook](#), Instagram (@corporatهومie), and Twitter (@corporatهومie).

Liggins is actively involved in numerous organizations, including serving as Houston Chapter Chair of the International Women’s Insolvency and Restructuring Confederation (IWIRC); a member and former Chair of the Bankruptcy Section of the Houston Bar Association; a member of the Women’s Energy Network; a member of the Women’s Business Alliance, Greater Houston Partnership; a [2012 Fellow](#) of Leadership Council on Legal Diversity; and a Fellow of the Texas Bar Foundation. Her accolades include being named to *Texas Rising Stars*® by Thomson Reuters, as a Law Firm Rainmaker by *Diversity & the Bar*, and to Houston’s “Top Lawyers” by *H Texas* magazine. She has also been featured in *Law360*’s Minority Powerbroker Q&A series.



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