

Janice L. Marturano

Founder and Executive Director, Institute for Mindful Leadership



Janice Marturano is the Founder and Executive Director of the Institute for Mindful Leadership, a non-profit organization dedicated to training and supporting leaders in the exploration of mindfulness and the fundamentals of leadership excellence. She founded the Institute for Mindful Leadership in January 2011, after ending her 15-year tenure as vice president, public responsibility and deputy general counsel for General Mills, Inc.

Marturano was a strategic leader within General Mills for nearly 15 years before leaving to dedicate herself full time to the Institute. While fulfilling her duties as a corporate officer at General Mills, she also co-developed the very first mindful leadership curricula at the University of Massachusetts Medical School's Center for Mindfulness where she served as a member of the Advisory Board.

As a certified teacher of mindfulness and an experienced former officer of a Fortune 200 company, she has brought the intensive training of mindful leadership to leaders from all forms of organizations: corporate, non-profit, academic, government, and military. In 2013, she was invited to share her understanding of the importance of mindful leadership at the World Economic Forum in Davos, Switzerland, and again at the 2014 World Economic Forum Conference in Beijing, China. Her curricula has been brought into some of the best business schools in the country including NYU Stern where Marturano has taught Mindful Leadership since 2014.

Marturano's work has been featured on the BBC, *Huff Post Live*, and in *The New York Times*, *Financial Times*, *Saturday Evening Post*, *Time* magazine, and *The Los Angeles Times*. Her book, *Finding the Space to Lead*, has won a 2014 Nautilus Award and has been translated into many languages including German, Spanish, French, Chinese, and Korean.



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