

TOOLS FOR EFFECTIVE DIALOG

To effectively engage in dialog across differences, keep in mind:

+ Assume Positive Intent

- *Put aside your own judgments and biases*
- *Pay attention to non-verbal cues*

+ Engage in Dialog – Not Debate

- *Focus on “learning” rather than on “winning the argument”*
- *Be open to being challenged*

+ Demonstrate Cultural Humility

- *Pause for self-reflection and analyze your assumptions, behaviors and experiences*

+ Be Open and Willing to Admit Mistakes

- *Accept that you won’t always say the right thing*
- *Honest communication is a skill that takes time and practice*

+ Embrace the Power of Listening

- *Don’t just hear what someone is saying – listen*
- *Put your own ego and assumptions aside and learn from others’ experiences*

+ Strive to Bridge Divides

- *Engage in conversations where people feel valued for their difference*
- *Be willing to speak up as a champion for inclusion*

MODEL INCLUSIVE BEHAVIORS

+ Understand that it is also your responsibility to be inclusive

- *Get out of your comfort zone*
- *Sit next to someone different at a meeting or other event*
- *Take the risk of having a conversation with someone from a different background about diversity and/or inclusion*
- *Don't get stuck on differences – look for commonalities and view differences as learning opportunities*
- *Get in the habit of asking questions rather than responding based upon assumptions*

+ Create and/or promote diverse teams

- *Look for opportunities to work and interact with people who don't look like you and/or come from a similar background*
- *Consider what assumptions may be influencing your attitudes and behavior when interacting across difference*
- *Make it possible for people to ask questions without feeling "incompetent"*
- *When managing, rotate who you assign the least desirable tasks to – don't allow anyone to opt out*
- *Mentor people from different backgrounds from your own*
- *Practice empathy -- try to see things from other people's perspective*
- *Periodically ask for feedback about your own behaviors and actions*