

Demetra L. Liggins

Partner, Thompson & Knight LLP; Co-Founder, Corporate Homie LLC



Demetra L. Liggins is a Partner in Thompson & Knight’s Bankruptcy and Restructuring Practice Group in the Firm’s Houston office. She has nearly 20 years of experience in business finance and restructurings for a variety of large and small public and private companies. Liggins helps navigate her clients through complex corporate reorganization and distressed acquisitions and works on both in-court and out-of-court restructurings. Liggins is highly regarded for her ability to quickly and efficiently help clients assess the effects of a bankruptcy on their corporate and financial transactions. She is a trusted business partner who works with her clients to identify and achieve their goals in the bankruptcy process.

Liggins received a JD, cum laude, from the Cumberland School of Law at Samford University in 2000 and a B.S. in Business Administration, cum laude, from Christian Brothers University in 1997. Following law school, she clerked for the Honorable U.W. Clemon, Chief Judge for the United States District Court for the Northern District of Alabama. Demetra is licensed to practice in both Texas and New York.

With her experience as partner in “big law,” Liggins, along with her identical twin sister, Bemetra Simmons, founded Corporate Homie, an organization that seeks to help women and minorities advance in corporate America. In addition to speaking at conferences and events, the sisters also engage their audience with a weekly advice-based podcast. The sisters encourage listeners with stories of their “corporate struggles” while provides tips and tools to overcome hurdles in the workplace that are unique to women and people of color. The Corporate Homie Podcast is available on iTunes, Google, Play, and Stitcher.



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