Neha Sampat, Esq.

Founder & CEO, GenLead | BelongLab

Neha Sampat, Esq. is CEO and Founder of GenLead|BelongLab, where she focuses on building belonging and true inclusion. Through consulting, training, speaking, and writing, she helps organizations create peak performance, inclusive teams by addressing hidden barriers to belonging, such as Imposter Syndrome and internalized bias, unconscious bias, generational diversity, distrust in teams, and wellness challenges. Through professional development coaching, she helps her individual clients develop job situations and leadership styles that engage their true and best selves. She is a nationally sought-after expert on building evidence-based confidence and teaches the top-rated "Owning Your Value" course to help lawyers identify and address Imposter Syndrome.

Sampat practiced law at both large and boutique law firms, and later joined law academia as dean of students and adjunct professor of law and leadership. Her insights have been featured in *Time Magazine, ABA Journal, Attorney at Work, ABA Law Practice Today, Thrive Global, News India Times,* the Resilient Lawyer podcast, the GenWhy Lawyer podcast, the Heels of Justice podcast, the Leaders Love Company podcast, and other professional publications. Sampat works across industry, from Pixar to Perkins Coie LLP, and UC Berkeley to Community Impact LAB.

Sampat holds B.A. degrees in sociology and political science from University of Illinois at Urbana Champaign, obtained her J.D. from UC Berkeley School of Law, received her Certificate in Graduate Applied Psychology from Golden Gate University, and is certified in the Hogan Assessment. You can read more of Sampat's insights at blog.genlead.co, follow her on TW/IG/FB at @belonglab, and reach her directly at neha@genlead.co.

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