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The Leadership Council on Legal Diversity (LCLD) cordially invites you to the

Spring 2021 Group Mentoring Program Virtual Event:
Mindfulness in the Time of COVID-19
with Rudhir Krishtel

Tuesday, January 26, 2021

6:00 – 8:00 P.M. CT

Zoom Link to follow

Please join law student Mentees from SMU, UNT Dallas, and Texas A&M, LCLD Mentors, as well as law school and legal profession representatives for a virtual conversation with [Rudhir Kristhel](#), a former law partner and in-house counsel who now works with his team to help individuals, groups, and organizations find their direction and purpose.

At the outset of the COVID-19 pandemic, Rudhir prepared and presented a free 4-week webinar series on *Mindfulness Tools for Uncertain Times*. Nearly one year later, we all find ourselves still mired in uncertain times, and Rudhir has learned even more about how to implement his mindfulness practices to help legal practitioners and law students alike.

Please join us for a conversation with Rudhir, followed by the opportunity to virtually network with other LCLD Dallas mentors and mentees.

Please **RSVP** to Ricardo Bonilla at rbonilla@fr.com by
Thursday, January 21, 2021.

The link to attend the event will be circulated shortly after the RSVP deadline.