

Kara Dodson

Consultant & Coach, Volta Talent Strategies



Kara Dodson joined Volta Talent Strategies in 2015, bringing together her experience of practicing law and working on the business side of law. Now with over twenty years of experience in the legal community, she started her career practicing employment law, and although she enjoyed many aspects of practicing law, Kara's passion for coaching and counseling led to a transition to the business side of the law. Kara was the Director of Recruiting and Professional Development at Young Conaway, where she developed and coached the firm's associates, as well as designed and implemented the firm's business development training and coaching program.

At Volta, Kara coaches lawyers of all levels in a variety of areas, including business development, time management, effective communication, well-being/stress management, leadership, and delegation. Kara has also coached numerous attorneys through their partnership promotion process and supported many others in establishing effective business development habits. Through her work with Volta's clients, Kara has also designed and managed numerous training and coaching programs supporting women and diverse attorneys. In addition, Kara serves as a voluntary Executive Coach to the Diversity Lab and The Belonging Project.

Kara's coaching philosophy is that each person has the ability to create their success, and with the clarity and accountability that coaching generates, to achieve their highest possible level of excellence and effectiveness. Clients describe her coaching style as compassionate support with liberal amounts of gravitas, accountability, and humor woven throughout.

Kara is a graduate of the Institute for Professional Excellence in Coaching (iPEC), holds her PCC credential from the International Coaching Federation and is certified to administer the Myers-Briggs Type Indicator® (MBTI®) and the Energy Leadership Indicator Assessment. She has a B.A. in English literature from Lafayette College and a J.D. from Temple University School of Law, where she also served as an editor on the Law Review and led a pro bono clinic to provide legal support to clients affected by HIV-AIDS. She is also an adjunct faculty member at Temple University School of Law, where she teaches an experiential program focused on transactional practice skills for law students.



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