

LCLD 2018 Fellows Second Meeting Agenda

The Willard InterContinental | Washington, D.C. | October 15-17, 2018

Monday, October 15, 2018

- 2:00 - 3:00 PM** **Registration**
Ballroom Foyer
- 3:00 - 3:30 PM** **Welcome & Opening Remarks**
Grand Ballroom
Nichole Velasquez, Fellows Program Manager, LCLD
- 3:30 - 5:00 PM** **Board Member Discussions**
Grand Ballroom;
Willard Room
Fellows will be broken into two groups and given an opportunity to hear from a panel of LCLD Board Members. They will share true stories of their path to leadership, and discuss how they make difficult decisions, their everyday habits, and how they manage the delicate balance between work, family, and community commitments. They will also address a variety of topics submitted by Fellows ahead of time.
- 5:00 - 5:15 PM** **Coffee Break**
- 5:15 - 6:30 PM** **Just Belonging: How to Have Courageous Conversations on Race and Bias**
Grand Ballroom
Kori Carew, Director of Strategic Diversity Initiatives, Shook, Hardy & Bacon L.L.P.
- 7:00 PM** **Welcome Reception with LCLD Members**
Off-Site
Hosted by the LCLD Board of Directors at the National Museum of African American History & Culture, 1400 Constitution Ave. NW, Washington, D.C. 20560. Enter the museum on the Madison Drive, NW, entrance, between 14th and 15th streets.

Tuesday, October 16, 2018

- 8:30 - 9:30 AM** **Breakfast**
Grand Ballroom
- 9:30 AM - 12:00 PM** **Improv Breakouts with DC Improv**
Various Rooms
In this session, Fellows will learn how improvisational skills can help them become more effective communicators. They will participate in activities designed to teach them how to build ideas in a collaborative manner and be more confident in presentations. Fellows will be encouraged to trust their instincts through a series of exercises facilitated by DC Improv.
- 12:00 - 1:30 PM** **Networking Lunch**
Willard and Crystal
Rooms

Tuesday, October 16, 2018 (Continued)

1:30 - 3:30 PM
Grand Ballroom

Resilience—The Key to Moving from Surviving to Thriving
John Mitchell, “The Purple Coach” and Owner, KM Advisors, LLC

Have you noticed that there are some people who repeatedly bounce back from seeming disasters and continue to shine? In the last couple of decades, there has been a surge in research into the psychology of resilience and achievement. This session will help Fellows learn how to manage their thinking, beliefs, and behaviors to increase their personal level of resilience and constantly move toward a state of thriving.

3:30 - 4:00 PM

Break

4:00 - 5:30 PM
Grand Ballroom

Personality Matters! Collaborating Successfully with Others
Mary E. Abbajay, President & Co-Founder, Careerstone Group, LLC

Personality preferences and communication styles play a significant role in our interactions with coworkers, team members, supervisors, and staff members. Working successfully with others requires developing self-awareness and an understanding of how we, as individuals, impact others—both positively and negatively. In this high-spirited presentation, Fellows will gain heightened awareness of their own distinctive personality type, communication and leadership style, and preferred ways of working with others. This highly interactive and eye-opening presentation helps participants understand their own personalities, personal strengths, and potential areas for improvement. The first step to successful leadership starts with self-awareness!

6:30 PM
Meet in the Lobby

Dine-Arounds
Dine-Arounds are at the Fellows’ expense. Please meet in the lobby of The Willard 30 minutes prior to your reservation time.

Wednesday, October 17, 2018

8:30 - 9:30 AM
Willard and Crystal
Rooms

Breakfast

9:30 - 11:30 AM
Grand Ballroom

Messaging and Presence
Chris De Santis, Specialist in Management and Organization Development

In this session, we will explore what it means to have “presence” and how we can prime ourselves to project it in a manner that’s true to who we are. We will deconstruct presence and look at the traits and behaviors that lead people to say that you have it. And yet, we cannot live by presence alone—we need to be interested in and interesting to others. Having something to say, that begs further inquiry, allows us to share who we are and, in turn, learn more about those to whom we are saying it. This experiential presentation explores both what we say and how we say it.

Wednesday, October 17, 2018 (Continued)

11:30 AM - 12:00 PM **Group Photo**

12:00 - 1:00 PM **Networking Lunch with D.C.-Area Fellows Alumni**
Willard and Crystal
Rooms

1:00 - 2:30 PM **Team-Building Activity with D.C.-Area Fellows Alumni**
Grand Ballroom

2:30 - 3:00 PM **Closing Remarks**
Grand Ballroom *Nichole Velasquez, Fellows Program Manager, LCLD*

