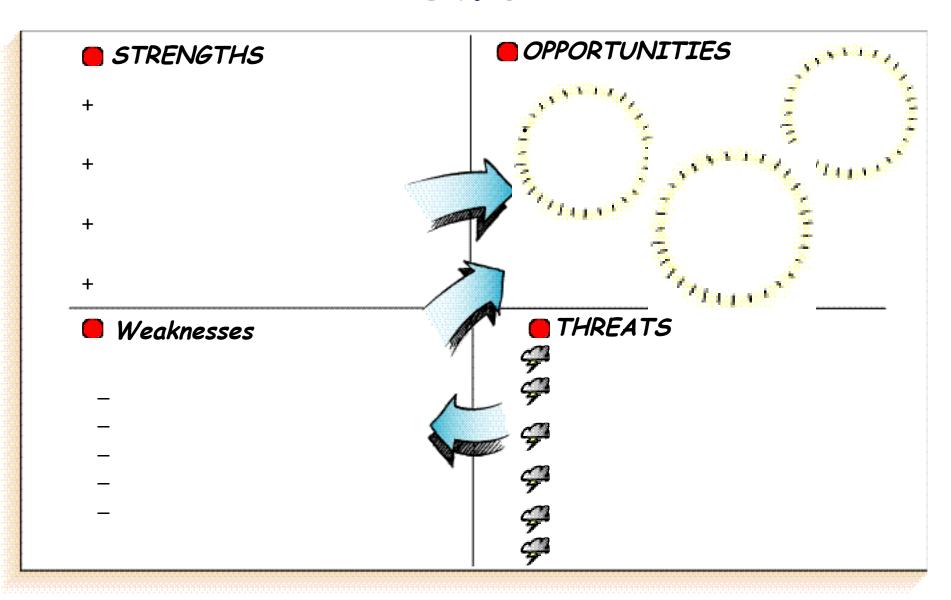
LCLD Fellows Moving Forward

Facilitated by Vernā Myers
Vernā Myers Consulting, LLC
Washington, DC
September 19, 2013



SWOT



STRENGTHS

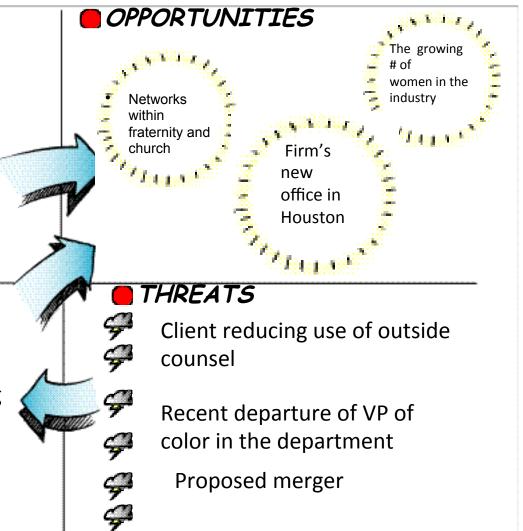
- + Oral communication
- + Optimism
- Comfortable with receiving feedback

+

Weaknesses

- Pessimistic about the future
- Discomfort with networking
- Procrastination

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- 1. What actions can you take to enhance your professional success?
- 2. What resources will you need to accomplish these actions?
- What WILL YOU do in the next:
 - 48 Hours?
 - Two Weeks?
 - One Month?
 - Six Months?
 - One Year?



"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

— <u>Marianne Williamson</u>, <u>Return to Love</u>



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